

Back to School with T1D in a COVID World

DIABETES
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RESOURCE SHEET

Diabetes Management during COVID-19:

- <https://www.diabetesresearch.org/covid19-guidelines-for-diabetes-management>

The 504 Plan for Diabetes - what you need to know:

- <https://www.diabetesresearch.org/504>

Download: A Guide for School Personnel and Child Care Providers

- <https://www.diabetesresearch.org/file/A-Guide-for-School-Personnel-and-Child-Care-Providers-Brochure.pdf>

Safe at School information and resources:

- <https://www.diabetes.org/resources/know-your-rights/safe-at-school-state-laws>

Safe at School training resources:

- <https://www.diabetes.org/resources/know-your-rights/safe-at-school-state-laws/training-resources-school-staff>

Safe at School coronavirus information and resources:

- <https://www.diabetes.org/resources/know-your-rights/safe-at-school-state-laws/safe-school-coronavirus-resources>

ADA know your rights coronavirus information and resources:

- <https://www.diabetes.org/coronavirus-covid-19/know-your-rights-covid-19>

ADA COVID-19 hub:

- <https://www.diabetes.org/coronavirus-covid-19>

Wondering how to talk with kids about the COVID-19 pandemic?

- <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/talking-with-children.html>

Interested in learning more ways to help children cope with the pandemic?

- <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>
- <https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/for-parents.html>

Looking for a mental health professional who understands diabetes:

- https://professional.diabetes.org/mhp_listing

For more information about diabetes and mental health:

- <https://www.diabetes.org/diabetes/mental-health>

Seeking additional support? The PEP Squad (Parents Empowering Parents) is a private group on Facebook where you can connect with other families dealing with the same issues.

<https://www.facebook.com/groups/PEPsquadDRI>