



11.07.16

THE SCOOP ON HALO TOP, HEAVENLY LIGHT ICE CREAM

We are in heaven ever since we found [Halo Top](#), the world's best low calorie/high protein ice cream that's super guilt free and tasty. [Halo Top](#) is only 240-280 calories per pint. It has 24 grams of protein per pint, it's low sugar, low carb, low fat and no synthetic growth hormones are added.

It's sweetened with organic stevia and erythritol, another all-natural sweetener found in fruits like pears and grapes. Though it's technically a sugar alcohol, it doesn't affect blood glucose or cause bloating.

Halo Top is available in so many great flavors including Vanilla Bean, Chocolate, Strawberry, Lemon Cake, Mint Chip, Chocolate Mocha Chip, Birthday Cake, Chocolate Chip Cookie Dough, Peanut Butter Cup, Cookies & Cream, Sea Salt Caramel, S'Mores, Pistachio, Oatmeal Cookie, Chocolate Almond Crunch, Black Cherry and Red Velvet.

And get this, in November, for every Instagram pic you post of Halo Top ice cream using [#RaiseYourSpoon](#), [#HaloTopCreamery](#) will donate \$1 to the [Diabetes Research Institute Foundation](#) (up to \$10,000)!

Halo Top is readily available at Bristol Farms, Mother's Market, Pavilions, Ralph's, Vons and Whole Foods.